

This is a printer-friendly version of an article from Zip06.com.

Article Published September 1, 2016

Flowering Groundcovers

Flowering groundcovers that can handle light foot traffic (sometimes, even a mower)—Kathy Connolly

Archangel, *Lamium galeobdron* ‘Herman’s Pride’

Barren strawberry, *Geum fragarioides* (native)

Bellflowers, *Campanula poscharskyana*, *c. portenschlagiana*

Blue star creeper, *Isotoma fluviatilis*

Bugle, *Ajuga reptans*

Chamomile, creeping or Roman, *Chamaemelum nobile*

(can be mowed)

Corsican mint, *Mentha requienii*

Irish “moss,” *Sagina subulata*

Leptinella, *Leptinella squalida*

Mazus, *Mazus reptans*

Meehan’s mint, *Meehania cordata* (eastern native)

Moss, many native species

Mountain sandwort, *Arenaria montana*

Pinks, *Dianthus deltoides*

Rupturewort, *Herniaria glabra*

Scotch “moss,” *Sagina subulata aurea*

Sedum, *Sedum acre*, *S. lydium*, *S. rupestre*, *S. reflexum*, *S. spurium*

Snowy Marguerite, *Anthemis carpatica*

Speedwell, *Veronica oltensis*, *V. pectinata*

Strawberry, meadow, *Fragaria virginica* (native)

Strawberry, woodland, *Fragaria vesca* (native)

Sweet woodruff, *Galium odoratum*

Thrift, *Armeria maritima*

Thyme, *Thymus citriodorus*, *T. lanuginosus*, *T. praecox*

Yarrow, *Achillea millefolium* (native, can be mowed)

Grass-like plants:

Pennsylvania sedge, *Carex pensylvanica* (native, can be mowed)

Appalachian sedge, *Carex. appalachica* (native, can be mowed)

Seersucker sedge, *Carex plantaginea* (native)

Silver sedge, *Carex platyphylla* (native)

Liriope, *Liriope spicata*, *L. muscari*

Mondo grass, *Ophiopogon japonicus* 'Nana'